

You are cordially invited...

...to spend the weekend at the scenic and historic Benedictine Abbey in Still River, Massachusetts. Situated amidst rolling hills and farmlands, the Abbey offers a serene setting with a spectacular view of the surrounding mountains. We have a wonderful weekend planned, full of many opportunities for spiritual enrichment and renewal. We hope you will make time to join us.



Schedule of Events:

Friday Night

- 6:00 Vespers in the Abbey Chapel
followed by check-in at St. Joseph House
- 7:00 Pizza (please bring a snack and a non-alcoholic drink to share)
- 7:30 Welcome and introductions
- 7:45 "Learning to Walk on Water"
presented by Fr. Roger Lamoureux
- 9:00 Compline in the Abbey Chapel
followed by fellowship at St. Joseph House
- 11:00 Quiet hours begin

Saturday - All daytime activities will take place
at St. Charles House

- 7:00 Breakfast Served
- 7:30 Rosary
- 8:00 Mass
- 9:00 Morning registration
for one day participants only
- 9:15 Mission of the Little Daughters explained
- 9:30 "What if? - A Theology of Glory"
presented by Fr. John Grace
- 10:30 Craft Time
- 12:00 Tea Time *with Fr. Peter*
- 1:30 Witness Talk *by Lisa Notini*
- 2:30 Divine Mercy Chaplet
- 3:00 Adoration and
Afternoon Confession
- 4:00 Mom's afternoon discussion group
(this is optional)



Free time (pack a sled and boots
and enjoy the beautiful grounds)



- 6:00 Vespers in the Abbey Chapel
- 6:30 Dinner @ St. Charles House

Saturday Evening - at St. Joseph House

- 7:45 "Perfect love drives out fear"
Prayer Reflection and Singing
- 9:00-9:15 Compline - *at the Abbey Chapel*
- 9:00 Opportunity for prayer
with the prayer team
- 10:00-6:00 Nocturnal Adoration
in Guest Chapel

Sunday Morning - All activities except Mass and
Confession will be at St. Charles House

- 7:00 English Ordinary Form Mass
at the Abbey Chapel
- 7:45 Breakfast
- 9:00 Lectio Devina
- 10:15 Closing Prayer
- 10:30 Confession
- 11:00 Latin Ordinary Form Mass
at the Abbey Chapel

To find the times for local parish Mass schedules you
may call 1-978-456-3563.



Registration

Name _____

Home Address _____

Phone # _____

Email _____

Please check the following, if applicable:

- I will be bringing a nursing baby for the weekend.
- I require a single room.
- I request a quiet room.

(We will do our best to accommodate your requests, however rooms are arranged on a first come, first serve basis.)

Cost for the weekend: \$130

Saturday only: \$60

**Please make checks payable to:
Saint Francis Parish**

Send your registration to:

Monique Niemaszyk
20 Moose Hollow Rd
Litchfield, NH 03052

For more information, contact Marie
Thibodeau by email at:

marie@littledaughters.org

or call at:

(603) 880-8476

The Little Daughters of the Sacred Heart

The Little Daughters of the Sacred Heart is a group of Catholic mothers who strive to truly embrace our vocation as the primary means of our sanctification. We believe that God has given mothers such a beautiful path to holiness, but one that in our present world is greatly misunderstood and undervalued. Sometimes it is difficult for women to see that when they wash clothes, clean a toilet, or hold a fussy child out of love for Christ and their families, that they have performed a holy action. In fact, we believe that since many of our actions as wives and mothers are hidden, even despised, they are especially awesome in God's eyes.

We believe that God has entrusted us with a particular mission to mothers in our time and that He wants to pour out His heart on us that we might "bind up the wounded, give sight to the blind, unstop the ears of the deaf and cause the lame to walk." (Isaiah 35:5,6)

In the manner of St. Therese of Lisieux, we offer our daily sacrifices and duties to the Sacred Heart of Jesus, turning these hidden tasks into a means of obtaining grace and merit for mothers who urgently need it, but cannot or do not obtain it for themselves.

We are completely faithful to the Magisterium, devoted to the Sacred Heart of Jesus, and under the patronage of Our Lady of Guadalupe and St. Therese of Lisieux.

"Jesus, I want to love with Your Heart. I desire to be Your Hands to bring healing to this world. Give me, I beg You, Your Eyes today Lord, that I may see You in those You have entrusted to my care. When someone calls to me, complains or whines, I desire to hear Your voice beckoning me. If I grow weary of the constant demands of my vocation, refresh me with the grace to understand that you do not ask me to carry this cross alone. Enable me to find You beside me in the midst of my daily duties and struggles, and please elevate them to Your Holy Heart."
- excerpt from LDSH's Morning Offering

Walk on Water



A Retreat for Catholic Women

19-21 February 2010